



SUPPORTING YOUR YOUNG PERSON TO MAKE DECISIONS ABOUT THEIR POST-16 OPTIONS

What's important to them?

Start by having a 'low stake' conversation with your young person to find out what's important to them about their next steps after GCSEs. Here's some ideas for questions to get you started:

How do you learn best?

What's the best environment for you to learn in?

Which **subjects / topics** would you like to **continue learning** about?

Which is better...?

Teamwork OR independence
Classroom OR workplace
Listening OR doing
Sixth form OR college

What do you want to achieve before you finish your GCSEs?

This could be something big or small!

What are their options?

Support your young person to explore ALL the options available to them to help them make a well-informed decision. **Helpyouchoose.org** is a great place to start researching. Encourage them to consider both:

**What could they
study?**

**Where could they
study?**



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Support them to narrow down their options to make decision-making easier

When you and your young person start researching Post-16 options, you'll both find there are so many opportunities to choose from! This can be positive, but it can also feel overwhelming!

A simple 'pros and cons' activity could help them weigh up the good and not-so-good things about each option and support them to make a decision that feels right for them (not just what all their friends are doing).

Qualification: *Apprenticeships*

PROS

- *Less time in a classroom*
- *Practical learning*
- *Working in a team*
- *A job at the end!*
- *I don't have to stay at school*



CONS

- *It will be hard work!*
- *I need to get a bus to get there*
- *My mates won't be there. Will I know anyone?*

