YR 10 - SUPPORTING YOUR YOUNG PERSON TO EXPLORE THEIR OPTIONS AND BUILD LIFE EXPERIENCE



Pathways

What are Post 16 options, and where could they lead your young person? As a parent or carer, the earlier you understand your young person's options after GCSEs, the more you can support them when it comes to making decisions about their future.



Employers are more interested in those who are proactive and express genuine interest in the placement!

Your young person does not need to find their 'ideal' placement. It's more important that they can identify what they gained from the experience, rather than where they go.

TAKE YOUR PLACE

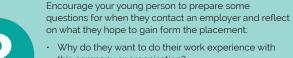


Higher Education (HE) and Careers Fairs are a great way for you and your young person to explore what opportunities and options will be available to them after their GCSEs. You might want to prepare a few questions to ask at the fair. Encourage your young person to do the same, as their questions might be different to yours - this way you can both get a well-rounded perspective on what their next steps could be!



Work experience

Work experience is important for young people's education and career progression, as they can gain transferable skills for Further and Higher Education, as well as the workplace.



- this company or organisation?
- What skills and strengths do they have that they could offer during their work experience?
- What do they hope to gain and learn from the work experience opportunity?

There are some incredible virtual work experience placements out there with some big-name national employers!
Virtual work experience placements are often more flexible with dates, offering placements throughout the year. It also gives your young person access to a wider range of employers. SpringPod (springpod. com) offer some amazing online work experience opportunities.



Researching and applying for work experience

Work Experience is self-motivated – it's an opportunity for young people to use their initiative to research and find placements and develop professional communication skills. Employers prefer when young people independently contact them (rather than having a parent do it).



What expectations do they have from their work experience? It's important that your young person can reflect on what they'd like to gain from the experience. What skills or knowledge would they like to learn?

Before their work experience

What practical things can you do to support them to prepare for their work experience placement? Maybe helping them decide what to wear to their placement? Or, to help plan their journey to and from their placement? You can also support them with any concerns or worries they might have by asking how they're feeling about their placement, and asking what you can do to support them.



During their work experience

It's important that during and after work experience, your young person reflects on what they've learned and how the experience has shaped what they might like (or not like) to do in the future.

The Take Your Place Work
Experience Reflection resource
can help them reflect on and
talk about their experience.